

TIME TO RELAX...

CLARINS

MY CLARINS DETOX & GLOW FACIAL - £30

Your recipe for healthy skin starts here - vegan friendly. A 30 minute hydrating facial, powered by nature. Most beneficial for 18-25 year olds.

REFRESHING FACIAL - £35 (30 Mins)

ULTRA RELAXING FACIAL - £60

This facial aims to soothe the mind and rebalance the skin. By combining guided breathing exercises, our deeply relaxing Ayurveda Touch massage and calming essential oils, you will be able to completely disconnect from the stresses of modern life and worries of the outside world. Your mind will be rebalanced and refocused and the tension in your skin will disappear.

EXPERT FACIAL - £65

Choose from:

YOUTH EXPERT If you would like your skin to feel a little firmer or look more radiant, this is the facial for you. Whether its hormonal changes, pollution, stress or any other cause after a thorough skin diagnosis your therapist will tailor the treatment to your specific concerns and skin type. Leaving your skin firm and glowing.

POWER HYDRATOR Like a long drink for the skin, this feel-good treatment pampers dry, fragile skin types, relieving tightness, plumping out fine lines and resulting in comfort, softness and radiance.

ANTI-BLEMISH RESCUE This detoxifying, purifying treatment is perfect for oily or combination skin types. Impurities will be gently removed; shine will be reduced and pores will appear tightened. Leave with clear, refreshed and rebalanced skin.

RADIANCE BOOSTER This glowing treatment will refresh tired and lacklustre skin. Delivering a double shot of radiance and hydration. Microcirculation boosting massage and targeted products will work to create deliciously plump, luminous skin.

SKIN SOOTHER Calm and Soothe Sensitive skin with this highly effective nurturing treatment. You will feel immediate comfort and see a reduction in redness and irritation. Your skin will be left strengthened and radiant.

BODY TREATMENTS

CLARINS WELLNESS TREATMENTS - £70

Choose from:

RISE & SHINE Boost your mood and lift your spirits. Lack of energy, feeling run down and stressed? This revitalizing treatment includes a stimulating body massage and a reviving facial to leave your skin radiant and dewy. You will feel recharged, invigorated and ready to take on the day ahead.

BEAUTY SLEEP Just like a good night's sleep. Feeling stressed, exhausted, lack of sleep? This calming journey for the skin, mind and senses induces a state of total relaxation. After the treatment you will look and feel rested, stress levels will be reduced and sleep quality will improve.

CLARINS HOT STONE MASSAGE - £60

Warm stones help relieve tension, fight fatigue and deliver an all round wellbeing boost. Combined with our expert massage and blissful aroma therapeutic oils, you can expect total body relaxation

MOTHER TO BE AND NEW MUM TREATMENT - £60

Pure indulgence for face and body, adapted to your pre and post natal stage of pregnancy and how you look and feel. Eases backache, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity. Afterwards, you'll feel energized and wonderfully relaxed, with baby soft skin.

FULL BODY MASSAGE - £60 BACK, NECK & SHOULDER MASSAGE - £28

HOT STONE BACK MASSAGE - £30 INDIAN HEAD MASSAGE - £25

THE BODY POLISHER - £35

An intensive double exfoliation for skin that's left super soft & hydrated.

HANDS & FEET

BAMBOO LUXURY MANICURE - £35

Includes Soak, Shape, Buff, Exfoliation, Massage & Heated Mitts, finished with Polish.

BAMBOO MANICURE - £28

Includes Soak, Shape, Cuticles, Buff & Massage finished with polish.

FILE & POLISH - £15

Nails are Shaped, Buffed and Cuticles pushed back, finished with Polish.

BIO SCULPTURE GEL MANICURE - £35

Bio gel is a professional gel polish system focusing on the health of your natural nail. With up to 4 weeks wear, your nails will be kept strong & healthy with a beautiful high pigment, high gloss shine.

GEL MANICURE - £27

Cuticle work, Shape, Buff, gel polish application using OPI & Glossify gel colour finished with hand balm.

FRENCH MANICURE - £30

SOAK OFF & REAPPLY GEL APPLICATION - £32

GEL TOES - £25

Cuticle work, Shape, Buff gel reapplied.

ELIM PEDICURE - £40

Elim is a medical grade pedicure treatment which uses state-of-the-art ingredients to remove hard skin and calluses from the feet. Includes medical grade callus peel, AHA exfoliation, cuticle tidy, nail shape, massage finished with polish.

MEDI EXPRESS HEEL PEEL - £25

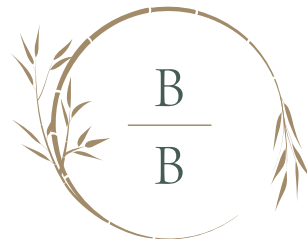
Calluses are softened by altering the pH level on the skin which enables the hard skin to effortlessly melt away. Includes AHA exfoliation and massage.

ELIM LUXURY PEDICURE - £55

This luxury pedicure uses state-of-the-art ingredients to remove hard skin and calluses from the feet. Includes medical grade callus peel, AHA exfoliation, cuticle tidy, nail shape, mud mask, heated booties, massage finished with polish.

ADD GEL - £10

SOAK OFF & GEL REAPPLY ADD ON - £15



BAMBOO BEAUTY

Open Tuesday - Saturday by appointment only.

A50% deposit is required for treatments of 2 hours or more.



BAMBOO BEAUTY

TREATMENT MENU

01629 815008

2 Theme Court, Bridge Street, Bakewell DE45 1DS

www.bamboobeauty.co.uk

SKIN

ADVANCED FACIALS

MURAD - £75

The Advanced Murad Method facial has been introduced by the leading dermatologist Dr Murad. This tailor made facial is a intensive treatment aimed at addressing your multiple skin concerns and providing you with a customised skin care solution. This results driven facial also incorporates massage techniques to help you alleviate stress.

EXPRESS MURAD PEEL - £35

MEDIK8

Medik8 facials combine results driven products with deep relaxation and facial massage for the ultimate facial experience. Vitamin C & sunscreen by day, Vitamin A by night. Our ultimate mission is to help you achieve beautiful skin for life!

PLATINUM FACIAL - £70

A relaxing age-defying facial with our platinum infused Age Defying mask that visibly lifts, rejuvenates and firms the skin for a more youthful appearance.

BRIGHTENING PLATINUM FACIAL - £70

A targeted results driven age defying facial with powerful brightening actives that help combat uneven pigmentation, breathing new radiance & luminosity into the skin.

DEEP HYDRATION FACIAL - £65

A complete nourishing & comforting facial to restore skin vitality for dull & compromised skin.

CLARITY FACIAL - £65

Deep Cleansing actives are used to target oily, problematic and blemished skin. Re-balancing products are used throughout this facial to soothe, calm & generate a clearer complexion.

CALMING FACIAL - £65

A gentle soothing treatment using intelligent formulations to aid skin recovery, instantly calms inflamed & sensitive skin.

PORE REFINING FACIAL - £65

Targeted actives & gentle exfoliation are used to gently break down pore blockages and promotes the appearance of a smoother complexion with less visible enlarged pores.

MEDIK8 CHEMICAL PEELS

'12 WEEKS TO WOW'

12 weeks of bespoke, intensive skin training.

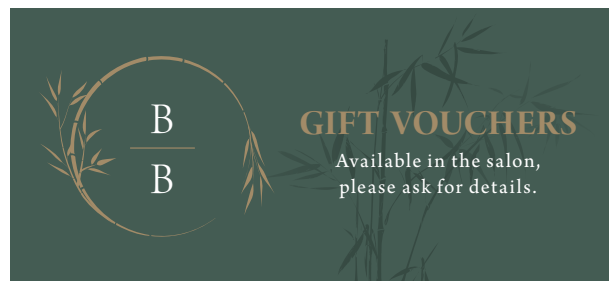
Medik8's signature professional treatment plan, Achieved through Medik8's skincare and 6 chemical peels.

Skin preparation is advised 2 weeks prior to peel.

CSA Kit included in course.

COURSE OF 6 PEELS - £500

SINGLE PEEL STARTING FROM - £75



CACI SYNERGY

CACI SYNERGY is the next generation in CACI technology, with new S.P.E.D Microcurrent LED technology. Microcurrent works by a process called muscle re-education, delivering visible and corrective results without the need for surgery or invasive procedures. CACI Synergy is good for anti-ageing, sun damaged skin, uneven skin tone, lymphatic drainage and puffiness. An initial course of 10 is recommended.

CACI SYNERGY DELUXE - £100

Microcurrent technology offers the ultimate in CACI non-surgical facial toning to combat signs of ageing. Includes ultrasonic peeling for a deep cleansing and skin rejuvenation, orbital microdermabrasion to exfoliate and refine the skin, Hydratone mask with orbital abrador for lymphatic drainage. The unique wrinkle comb targets line and wrinkles, leaving skin firmer & glowing!

CACI SIGNATURE TONING FACIAL - £70

Combines the CACI Synergy S.P.E.D microcurrent technology to firm and lift facial muscles, includes jowl lift for a total firming & toning experience.

COURSE OF 10 - £650

CACI HYDRATONE - £35

The Hydratone facial is a deeply nourishing treatment that hydrates and tones. It combines microcurrent rollers (which help restore muscle tone and firmness) with the hydro mask. The hydro mask is infused with collagen, hyaluronic acid and rose water to deeply nourish and deliver a surge of moisture to the skin that will soothe and calm any skin redness and irritation.

EYE REVIVE - £35

An eye revive treatment with S.P.E.D pulsed light collagen and elastin enhancing technology. It uses serum filled CACI microcurrent rollers together with a deeply nourishing hydro eye mask to lift hooded eye lids, reduce puffiness and dark circles and soften the appearance of fine lines and wrinkles around the eyes.

CACI BUM LIFT - £40

This targeted body treatment will firm and tone the buttocks and thigh area. It also sculpts & contours to give a firmer, more defined appearance.

CACI ADD-ONS

EYE REVIVE - £15

JOWL LIFT - £15

GLYCOLIC PEEL - £15

ARE YOU LOOKING FOR A MORE ADVANCED SKINCARE TREATMENT?

MICRONEEDLING

Microneedling, otherwise known as collagen induction therapy, one of the most powerful technologies in skin rejuvenation. The treatment involves creating tiny micro injuries by puncturing the very top layer of skin and introducing the bodies natural repair mechanisms. This promotes the production of collagen. Collagen induction therapy is a remarkable and safe treatment and is used to address multiple skin concerns which include Acne scarring, Reduces fine line & wrinkles, pigmentation, uneven skin texture & tone and overall appearance of skin.

AFTERCARE IS ADVISED

SINGLE TREATMENT - £150

COURSE OF 3 - £425



NEOM

These gorgeous well-being treatments have been created by the Neom team of 11 experts, and combine 6 of the most effective therapies – meditation, shiatsu, cranio, Thai massage, trigger point and reflexology.

SLEEP 1 HOUR - £65

Nothing affects how you look or feel as much as lack of sleep. We drizzle the warm oil of the Neom intensive skin treatment candle over the skin, and massage every inch of your body. Prepare to be lost in a blissful state ready for a deep nights sleep.

DE-STRESS 1 Hour - £65

Using the Neom intensive skin treatment candle, warm oil is used in a specialist massage, which targets key stress relieving points of the head, scalp, face, neck and back. With therapeutic benefits for the mind and body, this treatment allows tension and stress to drift away.

TANNING

St Tropez Full Body - £25 **Clarins Full Body - £25** **Part Body - £15**

Clarins Full Body Tan & Exfoliation - £40

WAXING

Bamboo uses Lycon wax on sensitive areas, which is much more effective and comfortable than strip wax. Lycon removes the shortest and most stubborn hairs from the root, preventing ingrown hairs and achieving completely hair free results every time.

Bikini-Line - £15 **Brazilian from - £25** **Hollywood from - £35**

Half Leg Wax - £16 **Full Leg Wax - £28** **Full-Leg & Bikini Line - £38**

Forearm Wax - £15 **Under-Arm Wax - £15** **Lip or Chin - £8**

Lip & Chin - £15 **Lips & Brows - £15**

MENS WAXING

Full Back & Shoulders - £20

ELECTROLYSIS

Using a sterile needle, an effective permanent hair removal.

Starting from - £15

EYES

Brow Shaping - £9.50 **Eyelash Tinting* - £15** **Brow Tinting* - £10**

Brow & Lash Tint Combo* - £20 **Brow Tint & Shape Combo* - £16**

Full Monty* (eyelash & eyebrow tint and shape) - £25

EXTENDED LASHES

A state of the art nouveau semi-permanent eyelash system tailored to each client to create the appearance of fuller, thicker-looking lashes that last up to six weeks.

FULL SET - £65

INFILLS FROM - £30

LVL LASH ENHANCEMENT* - £50

Elongate, enhance and exaggerate your natural lashes and say goodbye to mascara and lash curlers.

* Patch test required 48hrs prior to treatment